

How can Restorative Approaches help me?

Restorative approaches help to build, maintain and repair healthy relationships. Schools may use restorative approaches in a range of situations.

The questions asked of those who have been harmed are:

- What happened?
- What did you think when you realised what had happened?
- How did it make you feel?
- Who else has been affected?
- What has been the hardest thing for you?
- What do you think needs to happen to make things right?

The questions asked of the person who has caused harm are:

- What happened?
- What were you thinking at the time?
- How were you, or how are you feeling?
- Who has been affected and in what way?
- What do you need to do to put things right?



For further information, advice and guidance

respectme

Scotland's Anti-Bullying Service have a website that offers practical advice and guidance.

www.respectme.org.uk

ChildLine

Their website has a bullying section for young people and adults and offer a confidential helpline for children and young people.

www.childline.org.uk

ParentLine

Is a confidential service for parents and carers.

www.parentlinescotland.org.uk

CEOP

The Child Exploitation and Online Protection Centre website provides information and advice for online safety.

www.ceop.gov.uk

Created in consultation with Children & Young People, Parents and Partners.

If you or someone you know would like a copy of this document in another language or format, (on occasion, only a summary of the document will be provided in translation), this can be arranged by contacting the Customer Service Centre on 01738 475000.



Council Textphone Number 01738 442573

All Council Services can offer a telephone translation facility

www.pkc.gov.uk

(PKC Design Team - 2013133)



Anti-Bullying Support

for Pupils



