



THE DUKE OF EDINBURGH'S AWARD

Dates for the Silver Qualifying Expedition

Friday 2nd to Sunday 4th October

About the route

Participants will undertake a qualifying expedition in the Ardverickie Estate, near Loch Laggan. The routes are on established paths and tracks, as well as open moorland. There will be no access to toilet facilities.

Transport

We are using two minibuses and one van to transport participants to the expedition area.

Departure on Friday 2nd August

Perth Academy
09:00

Arrival on Sunday 4th August

Perth Academy
16:00

Equipment

Please refer to the equipment list. Please note that some of the items only need to be carried by one cooking group. Some items can be borrowed from the school – these will be available for collection from **Monday 28th October**.

Food and drink

Two breakfasts, three lunches, and two dinners are required, plus plenty of snacks and emergency rations.

A hot meal is required for all three evenings. Dehydrated or “boil in the bag” food is perfectly acceptable, **dried noodles are not**. Participants are encouraged to coordinate their meals among their cooking group to cut down on cooking time. Emergency rations should be high-energy foods like chocolate and energy bars. Avoid food that needs refrigerated and keep packaging to a minimum.

There are plenty of places where participants can fill a water bottle, so only 1 or 2 litres is required.

Participants should use water purification tablets.



Supervision

This school trip is being led by Mr. Fairlie

Each expedition group is supervised by a volunteer leader, who is usually assisted by another adult volunteer. The leader is a qualified first aider and qualified to lead groups in the area.

All adult volunteers have been registered with the council and are members of the PVG scheme.

The base contact is Mrs. Paul.

Medical/consent form

We are using ParentPay to gather consent. Please complete this by **Tuesday 29th August**. No additional payment will be taken.

Insurance

A copy of the summary of Perth and Kinross Council insurance cover is available. If you would like to see it please contact Mr. Fairlie.

Further information

Please contact Mr. Fairlie at the school on 01738 458000 or RFairlie@pkc.gov.uk

We use Spond to improve communication between the leader team, participants and parents. The app is free to download and the DofE group can be joined using the code **NYQFL**.

During the expedition

Location contact	DofE phone held by Mr. Fairlie	07570 599 846
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Home base contact	School mobile phone held by Mrs. Paul	07787 565 043
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These numbers are for emergencies only. Please **do not** use these numbers for general enquiries during the expedition.